

'Thank You for Helping Us to Help Others'



Donate Instantly Via Just Giving QR Code

The Silklife Foodbank exists to help Single people, Couples and Families who are facing an Emergency Hunger Crisis. Frontline professionals can make or find out more about how to make referrals to our service through foodbank@silklife.co.uk **Keep Updated by following on Facebook - Silklife Foodbank**

What's Best to Donate?

Foods Required

Cereals
UHT Milk; UHT Juice
Tea, Coffee, Biscuits
Cordials (Small)
Jam & Spreads
Rice, Pasta Noodles, Spaghetti
Instant Pasta, Instant Rice
Pot Noodles
Pasta Sauces
Gluten Free Foods (Ambient only)
Vegan Foods (Ambient only)

Fray Bentos Pies
Curry
Chilli Con Carne
Chicken in Sauce
Meatballs
Beef Ravioli
Tuna Fish
Salmon

Sweetcorn
Carrots
Processed Peas
Instant Mash
Spaghetti Hoops
Hotdogs
Rice Pudding
Custard
Peaches

Toiletries

Toilet Rolls
Shampoo
Toothbrushes
Toothpaste
Sanitary Products
Deodorants
Shaving Kits



Over 2000 referrals responded to in 2021 – Distributing over 750kg every week in the last 12 months

****We are unable to accept fresh and frozen foods****

**Donation Points: TYTHERINGTON FAMILY WORSHIP
CARPARK – SAT 2ND JULY 2022
10:00AM -12:30PM**